Introducing myIDP: A career plan customized for you, by you.

myIDP.sciencecareers.org

Recommended by leading professional societies and endorsed by the NIH, an individual development plan will help you prepare for a successful and satisfying scientific career.

myIDP is the first and only online app that helps scientists prepare their very own individual development plan.

Features in myIDP include:

- Exercises to help you examine your skills, interests, and values
- A list of 20 scientific career paths with a prediction of which ones best fit your skills and interests
- A tool for setting strategic goals for the coming year, with optional reminders to keep you on track
- Articles and resources to guide you through the process
- Options to save materials online and print them for further review and discussion
- Ability to select which portion of your IDP you wish to share with advisors, mentors, or others

Visit the website and start planning today!
myIDP.sciencecareers.org